

**UNITED FAMILY PRACTICE HEALTH CENTER**  
545 West 7<sup>th</sup> Street | Saint Paul MN 55104 | 651-241-1000

## **Mission Statement**



*United Family Practice Center (UFPHC) serves as a comprehensive Center of Excellence in providing primary health care, family practice graduate medical education and service to the constituents of the West 7th Street and expanding adjacent communities. This includes a mutually respectful relationship with United Hospital and Foundation; the community-at-large; the City of St. Paul; Ramsey County; and community service organizations within a ten-mile radius of UFPHC.*

# *Getting Better All The Time*



## **A Cabaret Benefit for United Family Practice Health Center**

Songs celebrating the ups and downs of life and health, from pediatrics to geriatrics and everything in between.

*Oct. 24 and Nov. 7, 6 PM  
The Artist's Quarter, Saint Paul*

## The Songs

1. Officer Krupke/Dear Dr. Rumsey
2. I'm Calm
3. A Child is Born/Isn't She Lovely
4. Memphis Tennessee/Good Morning Dr. Rubenstein
5. Love Has No Pride
6. Adelaide's Lament
7. Lonely House
8. If We Lived in a World Without Tears
9. Nurse Rachel's F Minor Blues
10. Pick Yourself Up/Accentuate the Positive
11. Everything Must Change/As Time Goes By
12. Menopause Medley
13. I've Still Got My Health
13. Where Have You Been?
14. Deep Peace
15. Neverland

### **"Deep Peace"**

Please sing the second time through. Dedicated to the memory of Paul and Sheila Wellstone, clinic supporters until their deaths in 2000.

*Deep peace of the running wave to you  
Deep Peace of the flowing air to you  
Deep Peace of the quiet earth to you  
Deep Peace of the shining stars to you  
Deep Peace of the gentle night to you  
Moon and stars pour their healing light on you  
Deep Peace to you.*

## The Players

Rachel Frazin, FNP ... "The Singing Nurse Practitioner"  
Tim Rumsey, MD ... electric guitar  
Jerry Montie, MD ... drums  
Katie Guthrie, MD ... flute  
John Jensen ... piano  
Harry Pontiff ... bass

## Thank You!

The following donated food:

Degidio's Restaurant	Pizza Man, Stillwater
Mancini's Restaurant	Cossetta's Restaurant
Downtowner Woodfire Grill	Glockenspiel Restaurant
Muddy Paws Cheesecake	Cooper's Supervalu
St. Agnes Bakery	Mitch's Restaurant
Whole Foods	
Café Latte	

Thanks also to:

Dawn and Kenny Horst, The Artist's Quarter  
Audioquip, sound equipment  
JC Amel and Eric Veldey

Rachel would especially like to thank:

Vicky Mountain, vocal coach  
Karen Coe Miller, drama coach  
Mike Finley, husband and accomplice throughout this grand effort